



## IMA TELlicherry NEWS LETTER – APRIL 2017

### **ORGANIZATIONAL ACTIVITIES**

#### **05.04.2017: Executive Meeting**

Executive committee was held at IMA hall on 05.04.2017. President Dr. Sanjeev Kumar welcomed the gathering. 32 members attended the meeting.



#### **19.04.2017: Generalbody Meeting**

The *General Body Meeting* was held on 19.04.17 at IMA Hall Thalassery at 8.00 pm. Dr. Sanjeev Kumar presided over the meeting. 37 members attended the meeting.



#### **29.04.2017: Managing Committee Meeting**

Dr. Dilnath Kallat attended the managing committee meeting at Cherai Beach Resort Aluva.

### **ACADEMIC ACTIVITIES**

#### **02.04.2017: GRAVIMED**

Gravimed-one day CME on medical complications in pregnancy began with registration at 8:30am.

- There were two talks in the pre inaugural session which was followed by the inaugural function at 10 a.m.
- Dr Sanjeev kumar president IMA Thalassery delivered the welcome address.
- The event was officially inaugurated by Dr Surendra Babu chairman IMA AMS Kerala.
- Dr PP Vasudevan President IMA AMS Thalassery chapter addressed the gathering.
- Dr Mini Balakrishnan President FOGSI Kannur district and Dr Aravind C Nambiar Secretary IMA AMS Thalassery chapter also spoke at the event.

- The vote of thanks was proposed by Dr Sajeew kumar PB Secretary IMA Thalassery.
- The academic session continued with three talks before lunch and three after lunch.
- The day's events came to an end by 3:30pm.
- The event was well attended by members from Thalassery and neighbouring branches especially from gynaec and medical fraternities.

The total number of delegates who attended the event was 71.



**19.04.2017:** IMA Thalassery conducted a CME on *"Rheumatology & Clinical Immunology-Nuts and Bolts"* by Dr.Sukesh Edavalath, Rheumatology and Clinical Immunology Consultant,Star care Hospital, Kozhikode. The CME was followed by a lively interaction. Dr. Sanjeev Kumar presided over the meeting.37 members attended the meeting.

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## **SOCIAL ACTIVITIES**

### Health Education

**07.04.2017:** The World Health day was observed in an excellent manner in IMA Thalassery. The public function was held at Indira Gandhi Co-operative hospital, Thalassery. Dr Sanjeev Kumar, President, IMA Thalassery presided over the meeting and welcomed the gathering. A sensitization class was held on the theme Depression- 'Let us talk' for the staff and public by Dr Zoheb Raj, Assistant Professor, Psychiatry, Kannur Medical College. The program was attended by around 60 members, with a very good interactive session following the meeting. The vote of thanks was proposed by the Secretary Dr Sajeew Kumar P B.

Dr Sajeew Kumar, Secretary IMA Thalassery gave a talk on depression on the same day which was aired by Aakashvani, Kannur on 7<sup>th</sup> April. Informative Pamphlets on the subject was distributed at the various meetings, bus stand and railway station.

A sensitisation class was also held on the subject for the staff, students and public at Kannur Medical College, Anjarakandy.



### Pamphlets & Notices

07.04.2017: Informative Pamphlets in Malayalam language “ Varoo Namukku Vishadathekurichu Samsarikam” the theme of This year World Health Day was distributed at the various meetings, bus stand and railway station.

### **26.04.2017: NO HORN DAY**

IMA Thalassery in association with Motor Vehicle Department Thalassery took this initiative strongly and observed this day by various program and distributing stickers, pamphlets etc to all drivers

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in and around Thalassery. Dr.Dilnath Kallat spoke on the health hazards of excessive horn use and distributed stickers and pamphlets to Drivers at Driving School Grounds in co-ordination with MVD.



### **OBSERVATION OF IMPORTANT DAYS**

#### **07.04.2017: World Health Day**

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School Grounds in co-ordination with MVD.



#### **26.04.2017: NO HORN DAY**

IMA Thalassery in association with Motor Vehicle Department Thalassery took this initiative strongly and observed this day by various program and distributing stickers,pamphlets etc to all drivers in and around Thalassery. Dr.Dilnath Kallat spoke on the health hazards of excessive horn use and distributed stickers and pamphlets to Drivers at Driving

### **SPECIAL PROJECTS OF THE BRANCH**

#### **IMA Pain & Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery**

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

#### **Pain & Palliative Donation Boxes**

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

### **Mutual Benefit Scheme**

A scheme for members conducted every year, through which members as well as association is benefited.

### **MISCELLANEOUS**

#### **Nammude Arogyam:**

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 2070 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants of various medical camps & functions conducted by IMA Thalassery.

#### **IMA & Media**

07.04.2017:

- Dr Sajeew Kumar, Secretary IMA Thalassery gave a talk on depression on 7<sup>th</sup> April which was aired by Aakashvani, Kannur .
- Dr.Sanjeew kumar ,President IMA Thalassery wrote an article on Kannur “വേനൽ കരുതലോടെ” in Rashtradeepika Supplement on the occasion of World Health Day.

#### ***Association with Other Organisations***

26.04.2017: Kannur Dementia Care Society conducted a fund raising program to build three day care centre

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in Kannur. One of the day care centers is planned to be setup in Thalassery. IMA Thalassery actively participated in selling the tickets of the Muthukad Magic Show. President and Secretary with family participated the program. We collected around 90,000 Rupees and gave to KDCS.

27.04.2017: Dr.Sajeew Kumar conducted a CME at IMA Kuthuparamba branch on “POCSO ACT 2012 & CSA” to IMA Kuthuparamba members and their family. Around 60 doctors and their family members attended the meeting.



### **PUBLIC RELATIONS & SOCIAL INVOLVMENT**

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